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**2022**  
*Recital*  
*Booklet*

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## How to create the perfect *BUN*



waterspray



hairspray



brush



french pins



bun/hair net

**1. Using a waterspray bottle, dampen hair lightly & brush hair back into a high ponytail. Secure with hair elastic. Make sure ponytail is tight.**

**2. Twist hair and place it in a circular pattern around hair tie, inserting french pins as you go. Angle the pins toward the scalp then twist to push toward hair elastic.**

**3. Wrap 'bun net' for small buns or 'hair net' for larger buns around bun to keep in place. Spray with hairspray for extra hold and a neat finish.**



# *Instructions for Makeup Application*

## Level 1 and Up

### What You Will Need:

- Black eyeliner
- Black Mascara
- Brown eye shadow (use both darker and lighter shade)
- Pink Blush
- Liquid or Powder Foundation (a shade darker than skin tone)
- Bright Red Lipstick

### Instructions:

1. Apply foundation to the face being sure to blend all the way down the neck.
2. Apply BLACK eyeliner to the upper eyelid just along the line of eyelashes. Extend black eyeliner just beyond the outer corner of the eye to the point. Also line the lower eyelid with black eyeliner.
3. Apply the lighter brown eye-shadow to the entire eyelid, extending all the way to the eyebrow. Apply the darker brown eye-shadow to the outside half of the eyelid, extending all the way up to the eye-brow. (Fair haired students may wish to darken eyebrows with an eyebrow pencil.)
4. Apply mascara to the upper and lower eyelashes. Coat the underneath, as well as the top of the eyelash. FAKE-EYELASHES are recommended for all students in Intermediate Levels and above.
5. Apply a generous portion of pink blush along the cheekbones.
6. Finish by applying red lipstick to the lips. Lip-liner is a great way to make lips stand out on stage.

For an in-depth tutorial, please visit the following video:

<https://www.youtube.com/watch?v=XX5ctq1NchU>

It's Recital Time!!

## COSTUMES

1. Dancers should try their costumes on immediately.
2. Check all accessories.
3. Put your child's name in your costumes, tights and shoes.
4. Press and/or steam all costumes. Always use a low setting when ironing.
5. Tutus should be hung upside down.
6. Keep costumes hung and clean.

## DRESS REHEARSAL

Dress rehearsal and Recital, for all studios, is at the Dowagiac Performing Arts Center in Dowagiac, Michigan!

Dowagiac Middle School PAC  
57072 Riverside Dr  
Dowagiac, MI 49047

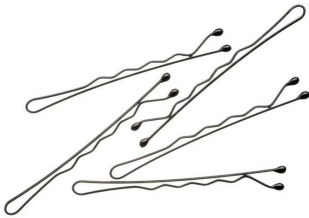
## Procedure

Please arrive early with hair and make-up done. If wearing fingernail or toenail polish it must be clear or French tip. NO COLOR polish.

1. One adult per child under 10 years old may accompany students. We ask that you not bring extra individuals to the rehearsal. Dad's will not be permitted in or near female dressing rooms.
2. When you arrive you will have your temperature checked then directed to the dressing rooms so your dancers can change into their costumes.
3. After dressing proceed to the picture room and wait for the instructor to lead them in for the group photo.
4. Individual photos are a first come, first serve basis so arrive early and get these done prior to the group photos.
5. If you are purchasing pictures for your dancer, payment is required at the time of order. No personal photos are allowed while the photographer is working.
6. You may video tape your child's dance at dress rehearsal. DO NOT share any videos publicly on social media to respect the privacy of our students. All choreography is property of Green Dance Academy.

## Helpful Hints FOR DRESS REHEARSAL

- Have the appropriate colored tights for each dance - you may want a spare pair. REMINDER: Every dancer will receive one pair of tights for each style of dance, with their costumes.
- Label your child's belongings, especially costumes, accessories and dance shoes.
- Have plenty of bobby pins, hair spray, and hair gel.
- Use hair nets to keep buns in place.
- Laundry baskets are great to carry everything in, or drop costume pieces into when changing!
- Bring an over-sized, button-up shirt to slide over their costume to protect from make-up or snacks.
- Encourage your dancer to go the bathroom **before** putting on tights and costume.
- Before you leave home...double check that you have all costumes, accessories, and shoes.



## Instructions for Makeup Application Creative Movement, Debut, Premiere & Encore Level

### What You Will Need:

- Black Mascara
- Pink or Brown eye shadow
- Pink Blush
- Liquid or Powder Foundation (1 shade darker than skin tone)
- Bright Red Lipstick
- Black Eye-Liner (optional)

### Instructions:

1. Apply foundation to the face being sure to blend all the way down the neck.
2. Apply Pink or Brown eye-shadow all the way up to the eyebrow.
3. Apply mascara to the upper and lower eyelashes. Coat the underneath, as well as the top of the eyelash. .
4. Apply a generous portion of pink blush along the cheekbones.
5. Finish by applying red lipstick to the lips.
6. Apply BLACK eyeliner to the upper eyelid along the line of eyelashes. Also line the lower eyelid with black eyeliner. Eye-Liner is optional for our younger dancers.

Parents of dancers in Creative Movement, Debut, Premiere, Encore, can decide if they feel comfortable putting eye-liner on their dancer.

The following You Tube Video gives a great explanation for hair and makeup for younger dancers. Please take the time to watch it before recital!

[https://youtu.be/0\\_gDsZ3sE4A](https://youtu.be/0_gDsZ3sE4A)

## Helpful Hints FOR RECITAL

### To Be Prepared:

- ❑ ARRIVE EARLY (at least 30 minutes) to check in your child, get temperatures taken and allow time to get them ready and use the restroom.
- ❑ If your dancer is 10 years old or younger, find a room mom and let them know if you will be coming back to change your dancer or not.
- ❑ ALL Dancers (not just the young ones) are to stay in their assigned room.
- ❑ Dancers may NOT wander the hallways!
- ❑ Dancers are NOT allowed in the auditorium with costumes on. They MUST change into their regular clothes or cover up. Please remember they must have a ticket to enter the auditorium unless they are sitting on a lap.
- ❑ Bring a quiet activity to entertain your child during waiting times (deck of cards, coloring book and crayons). A blanket to sit on is helpful. AVOID ANYTHING MESSY.
- ❑ Encourage your child to listen to his/her room parents.



## IT'S SHOWTIME!

## WHAT TO DO THE DAY OF THE SHOW Preparation

- Do all hair and make-up before arriving.
- NO body glitter or spray glitter of any kind will be permitted.
- NO jewelry unless part of recital costume.
- Any body piercings or tattoos must be covered.

## Arrival

1. Arrive 30 minutes early with hair and make-up done. Please NO COLOR polish. You must apply stage make-up on your child as the lights tone down the features of their faces. (refer to your make-up and hair instructions at the back of this booklet)
2. Only one adult per dancer, for students 10 years and younger, will be allowed in the dressing rooms. At the CHECK-IN table, get your temperature taken and sign in your child. If there are any special notes concerning your dancer, they MUST be written at the CHECK-IN table.
3. Proceed with your child to their assigned dressing room and look for their classmates. CHECK IN WITH A ROOM MOM! NO MALE PARENT OR GUARDIANS ARE ALLOWED IN OR NEAR THE GIRLS DRESSING ROOMS. You will be asked to wait by the check-in table and our staff will be happy to help you.
4. *ALL PARENTS MUST LEAVE THE BACKSTAGE 15 MINUTES PRIOR TO THE SHOW. ONLY ROOM MOMS AND THE BACKSTAGE CREW WILL BE PERMITTED BACKSTAGE THROUGHOUT THE ENTIRE SHOW.*

## AWARD PRESENTATION

- The awards presentation will commence at the beginning of each show.
- 10 minutes PRIOR to the show all dancers participating in the Award Presentation will need to line up in the hallway. All Students must return their award when they exit the stage after the first show.
- Please check our Awards List at each studio and also at Dress Rehearsal for your dancer's awards, as all dancers will receive an award.
- Dancers may appear on stage in street attire or their 1st costume depending on the order of their appearance in the Recital.

## Safety Rules and Precautions

We will be following Michigan regulations relating to Covid-19 and are taking the following precautions for all our dancers and their families.

- All dressing rooms, backstage area and bathroom facilities will be sanitized between shows.
- Students will be asked to follow social distance rules and keep their belongings in their designated area.
- Hand sanitizer will be available for all dancers and attendees.
- Temperatures will be taken at check-in and anyone entering the backstage area.
- Only students 10 years old and younger will be allowed one parent to accompany them to the dressing rooms.



## Proper Auditorium Etiquette

- ⇒ Plan to remain seated for the duration of the performance. There will be a 15-minute intermission between acts. In the event that you must exit or enter during the show, please wait to do so between dances.
- ⇒ Silence / turn off all phones and devices. Backlight from these devices can be very distracting & dangerous to our dancers.
- ⇒ Absolutely NO costumes may be worn in the audience by dancers.
- ⇒ No food or drinks are permitted in the Dowagiac Performing Arts Center.
- ⇒ NO FLASH PHOTOGRAPHY OR VIDEOGRAPHY is allowed during the performance. This is an infringement on our students' privacy, our choreography, and our business. All choreography is property of Green Dance Academy.
- ⇒ If young children become fussy please excuse yourself, sometimes a change of scenery can be helpful to calm them down.

DANCERS ARE NOT TO TAKE  
REFRESHMENTS AT  
INTERMISSION.

STUDENTS SHOULD REMAIN  
BACKSTAGE.

